



March 8, 2010

Stans Energy Corp.
TSX-V: RUU

STANS ENERGY CORP. INITIATES PREPARATION OF A JORC COMPLIANT RESOURCE ESTIMATE FOR KUTESSAY II

Stans Energy Corp (“Stans” or “The Company”) has initiated preparation of a JORC compliant resource estimate for Kutessay II. One of the objectives of the estimate is to confirm the historic reserve estimate completed by the State Reserve Committee of the Kyrgyz Republic. The historical reserve estimate by the State Reserve Committee is not JORC compliant.

Stans has made changes to its website and corporate presentation to comply with NI 43-101’s 2.2 (c) and 4.2 (2) including deleting items that do not comply and including a disclaimer on ‘historical reserves’ and ‘historical resources’ that these items are not NI 43-101 compliant.

The Company has also filed two material contracts with Viol Energy (formerly Viol Grand) on Sedar, signed in 2005 and 2009, regarding the acquisition of Viol Energy’s three exploration licenses in the Kyrgyz Republic.

Please visit Stans Energy’s website – www.stansenergy.com for additional information, or contact:

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